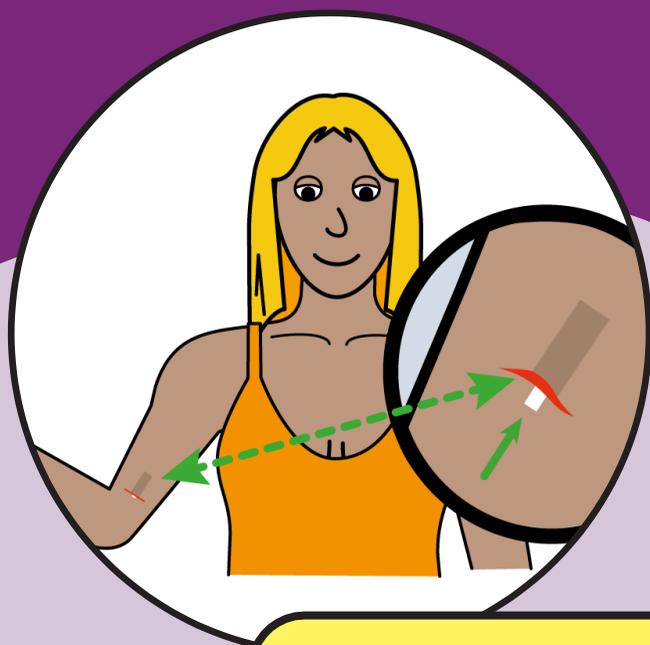




Humber and North Yorkshire
Health and Care Partnership

Contraception: The Implant

Information for patients



Easy Read

easy read



This booklet uses easy words and pictures.

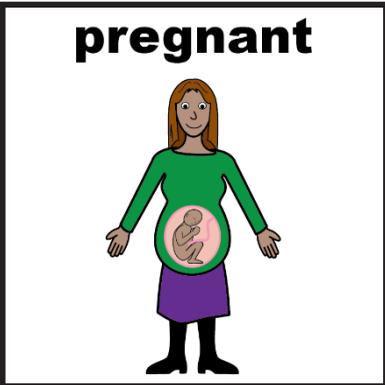
You may need someone to help you understand it.

sex

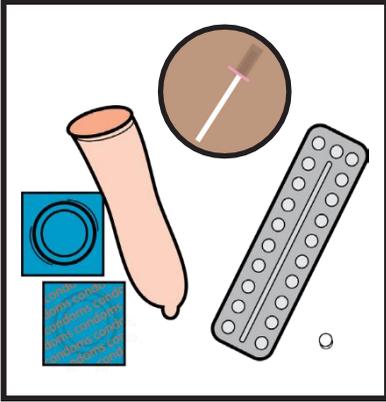


If you are having sex you need to think about contraception to stop you getting or spreading infections.

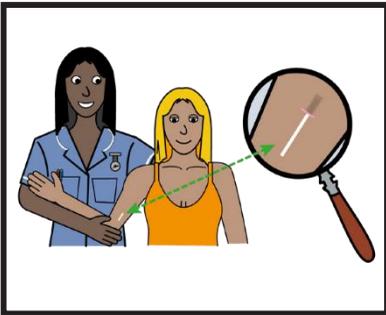
pregnant



Contraception also helps to stop you or your partner getting pregnant if you do not want to get pregnant.



There are different types of contraception.



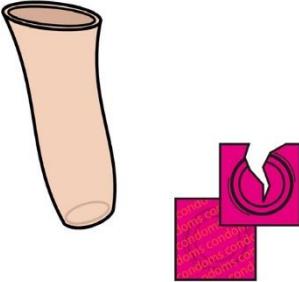
This leaflet is about the Implant - sometimes called the 'rod'

This is just for people with female reproductive organs.

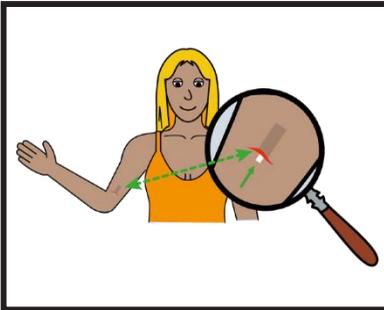


The implant stops you getting pregnant.

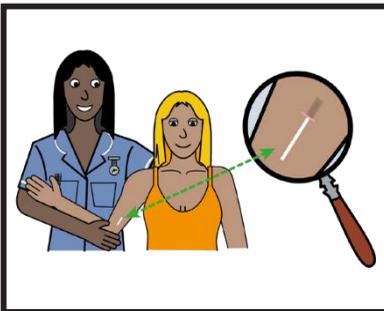
condom



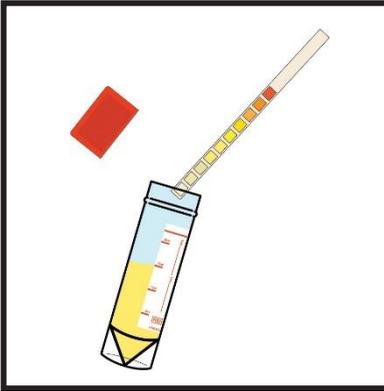
You will still need to use condoms to stop the risk of spreading or getting infections when having sex.



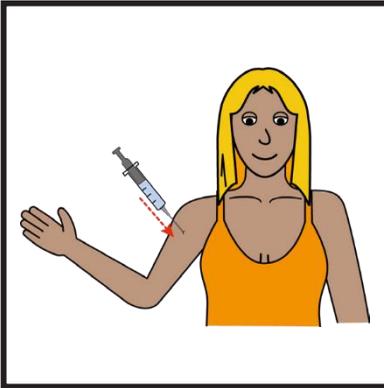
The implant is a small rod that sits under the skin on your upper arm. It is the size of a small matchstick.



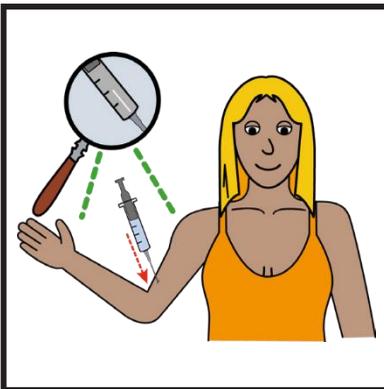
A nurse or doctor can put the implant in. It does not take long.



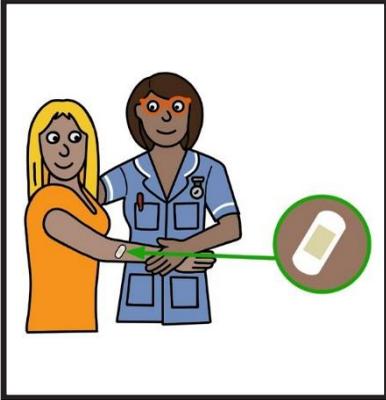
First, they will test your wee to make sure you are not already pregnant.



Then they will give you an injection so you do not feel the implant going in.



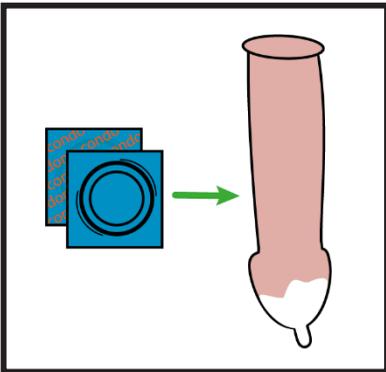
Then they will place the implant under the skin.



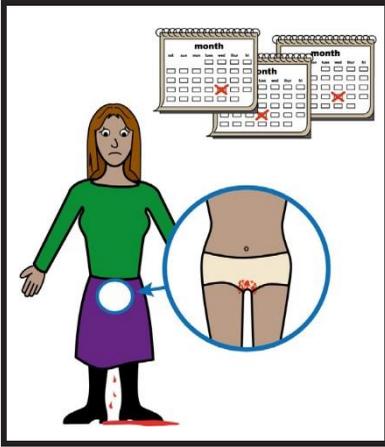
They will cover the area with a plaster.

You can take this off the next day.

You will have a small scar on your skin.



You will need to use a condom when having sex until you know the implant is working.



Your periods might change with the implant in.

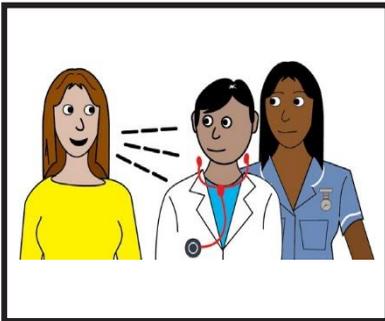
Some people bleed more often.

Some less often.

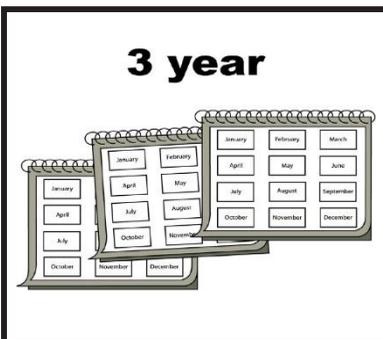
Some people's periods are heavier.

Some are lighter.

Some people don't have periods or bleeding at all.



If you are worried about your periods or anything to do with the implant speak to your doctor or nurse.



The implant can stay in for 3 years.

This leaflet has been developed by Leeds Teaching
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