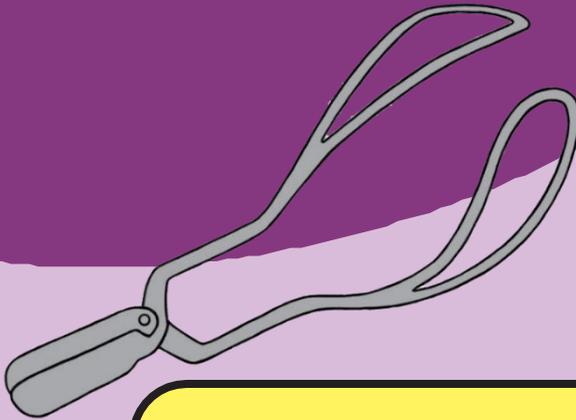




Humber and North Yorkshire
Health and Care Partnership

What is a Forceps birth?

Information for patients



Easy Read



easy read



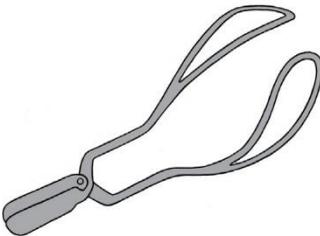
This booklet uses easy words and pictures.

You might want to ask someone to help you read it.



If your baby is struggling to be born vaginally your midwife and doctor will help.

forceps



Forceps are a medical instrument that can help your baby be born.

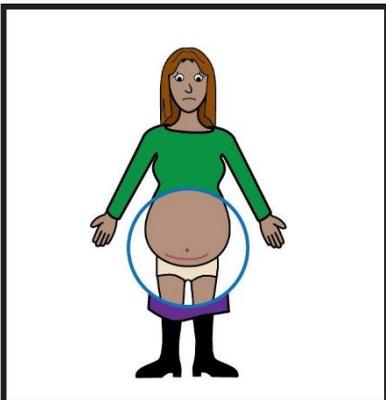
forceps birth



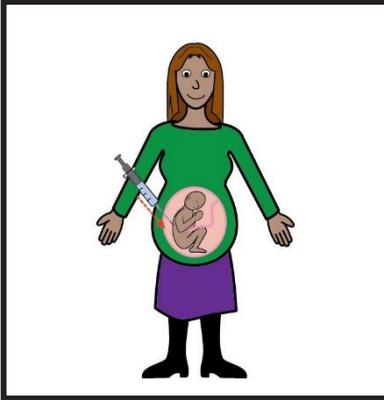
They are like big spoons that support your baby's head and help pull your baby out.



When you have a contraction, you push and the doctor will gently pull.



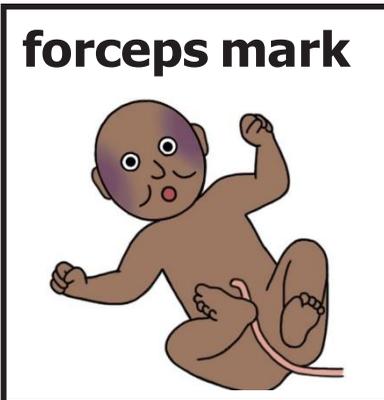
The doctor may need to perform a cut to the vagina, called (episiotomy to help your baby be born).



You will receive an injection to numb the area around the vagina before the cut is done.

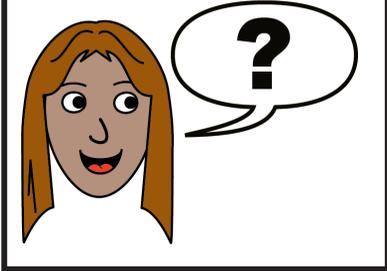


If the forceps are not helping, you will need a Caesarean section.



Using forceps may leave marks on the baby's face. These will soon fade.

**ask
questions**



If you are worried or have any questions speak to your doctor or midwife.

This leaflet has been developed by Leeds Teaching
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