Humber and North Yorkshire
Health and Care Partnership

Information leaflet to support consent form for Caesarean section (C-Section)

Information for patients, carers and relatives

Easy Read

easy read
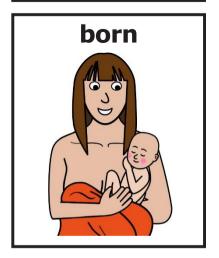
This booklet uses easy words and pictures.

You might want to ask someone to help you read it.
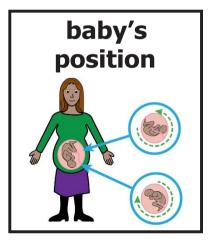
best option

A Caesarean Section will be considered when agreed this is the best option you or baby.

born

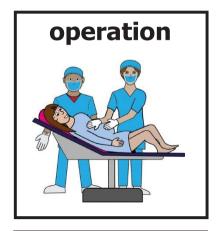A Caesarean is done when baby needs to be born safely and quickly, or due to other health complications.

baby's position

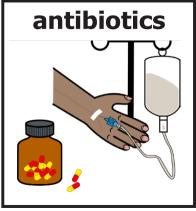These could be baby's position.

vaginal delivery

Maternal health conditions that mean a vaginal delivery is not as safe.

risks

There are some risks you need to be aware of.

operation

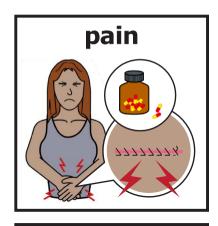A Caesarean section is an operation.

antibiotics

There is a risk of infection in the cut or inside the womb.
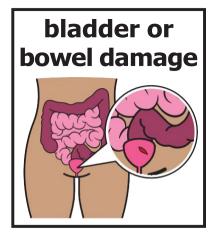
You will be given antibiotics to reduce this risk.
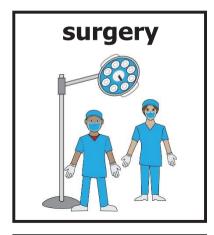
wound

You will have a wound and pain after surgery.

pain

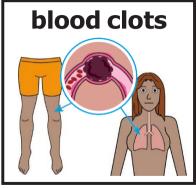You will be given support and pain relief to help with this.

bleeding

You could bleed and may require a blood transfusion or more surgery to stop the bleeding.
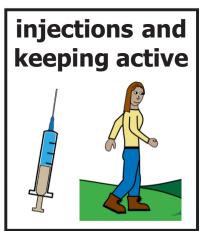
bladder or bowel damage

It is rare but your bladder or bowel could be damaged.

surgery

This may mean you need more surgery.

blood clots

There is a risk of blood clots.

injections and keeping active

This risk is lowered by injections and keeping active.
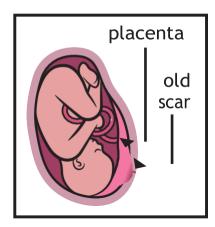
support from midwife

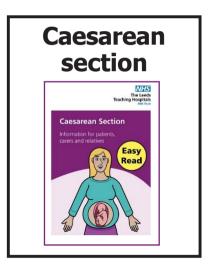Your midwife will support with advice.

cut

There is a small risk the baby will be cut during surgery.

scar tissue

A Caesarean creates scar tissue that can cause risks for future pregnancies.
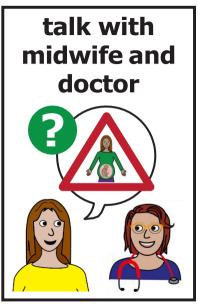
placenta

old
scar

The placenta (the organ that helps to feed the baby in the womb) could get stuck to the scar tissue.

Caesarean section

NHS
The Leeds
Teaching Hospitals
NHS Trust

Caesarean Section

Information for patients, carers and relatives

Easy
Read

These risks are that you may always need to have your babies by Caesarean section.

hospital

You will need to stay in hospital after your operation.

talk with midwife and doctor

You can talk through any of these risks or worries you have with your midwife and doctor.

This leaflet has been developed by Leeds Teaching Hospitals NHS Trust.
It has kindly been shared for use by HNY Local Maternity and Neonatal System (LMNS).

easy on the i