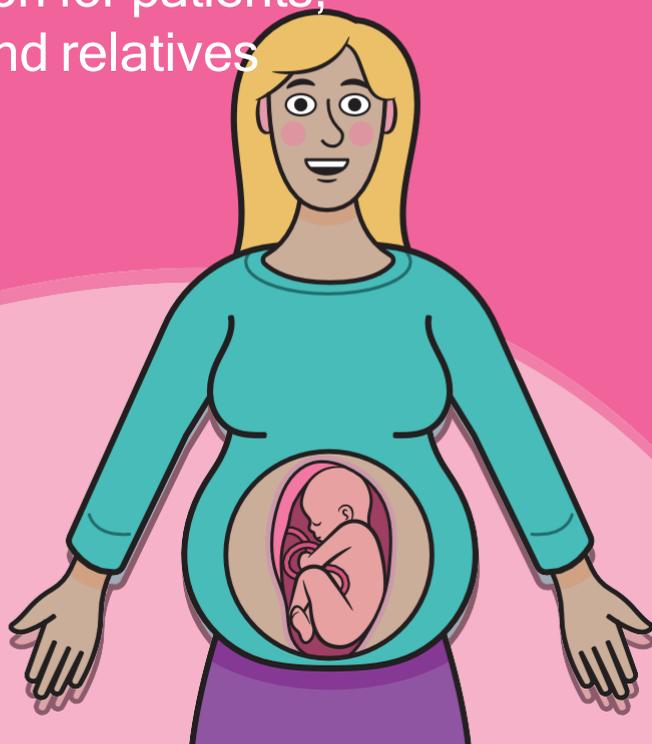




Humber and North Yorkshire
Health and Care Partnership

Caesarean Section

Information for patients,
carers, and relatives

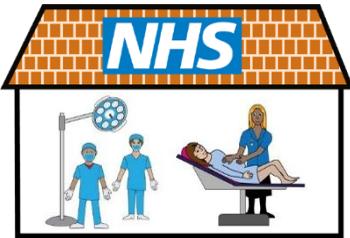


Easy Read

easy read



hospital



birth partner



This booklet uses easy words and pictures.

You might want to ask someone to help you read it.

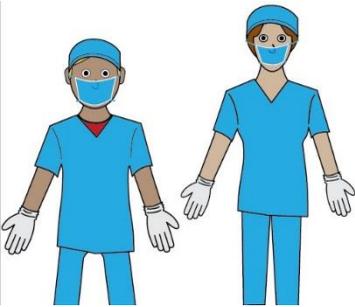
A Caesarean is an operation and is always done in hospital.

You can have someone with you, a birth partner.

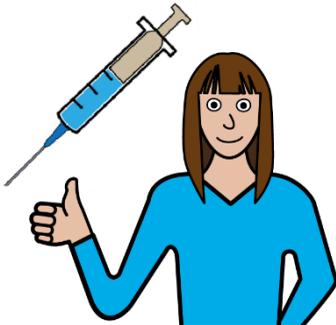
midwife



scrubs



medicine



A midwife will also be with you to support.

Everyone, including your birth partner, will change into theatre clothing known as Scrubs.

You will be given some medicine so it does not hurt during the operation.

injection in back



This is usually via a needle into your back - a spinal injection.

This will make your legs feel heavy and numb.

anaesthetic



Or you may be put to sleep.

This is very rare as we want you to be awake when your baby is born.



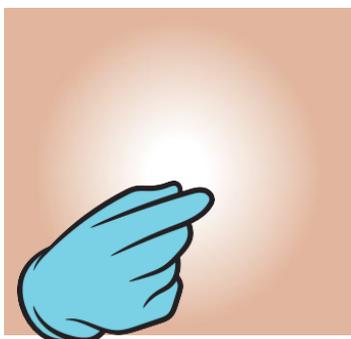
A doctor will talk to you about having a spinal or a general anaesthetic (being put to sleep).

check



The team will check that the medicine (anaesthetic) is working before they start the Caesarean.

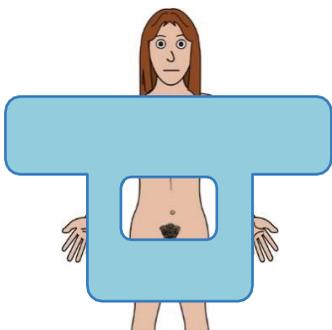
soap



Your tummy will be cleaned with soap.

This will help to prevent any infection.

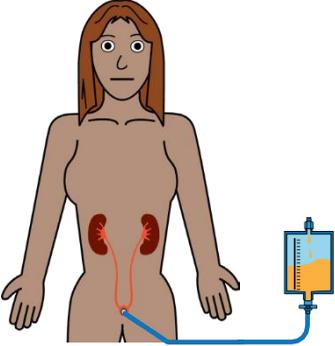
surgical drape



They will cover you with a surgical drape.

This is a sheet that will keep you covered and clean during your Caesarean.

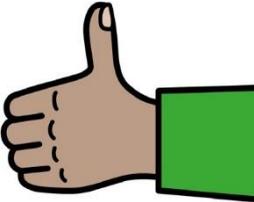
catheter



They will put a tube into your bladder to drain your wee.

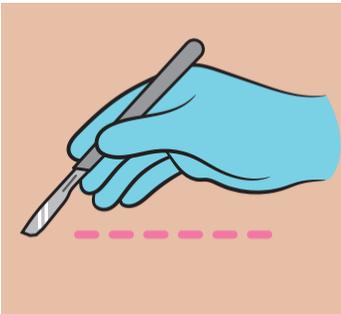
This stays in while your legs are numb and you cannot get to the toilet.

no pain



You may feel your tummy being moved but you should not feel pain.

cut in tummy



A cut will be made low down in your tummy.

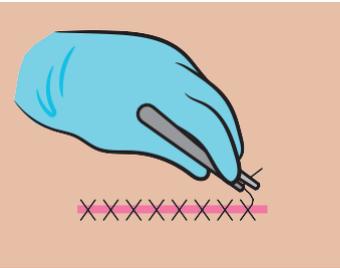
You will not feel this.

baby is born



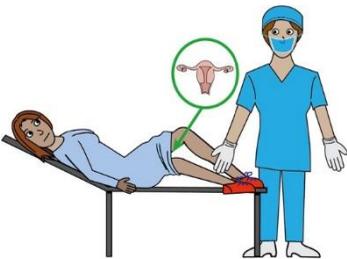
This is to make an opening for your baby to be born.

stitches



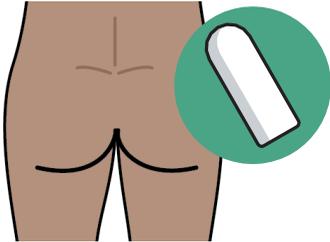
After your baby has been born the opening in your tummy will be closed with stitches.

vaginal examination



When your baby is born the doctor will need to check inside your vagina. You will not feel this.

tablet up your bum hole



see your baby



recovery



They will give you pain relief medicine into your bottom as a suppository - this is a tablet up your bum hole.

If you are awake, you will be able to see your baby if you want.

You will be supported to hold your baby if you want to.

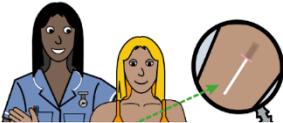
Afterwards you will be taken to an area to recover before going to the postnatal ward.

friendly staff

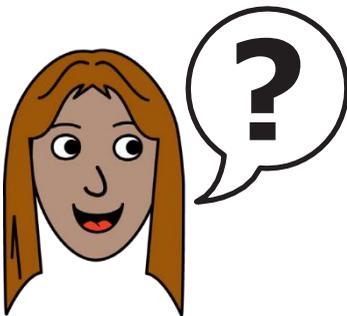


contraceptive implant

contraception implant or rod



ask questions

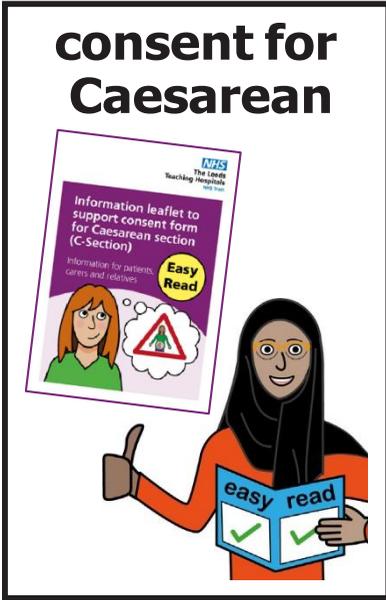


Our staff will support you and your baby throughout your hospital stay.

If you are having a contraceptive implant placed this will be done in hospital.

Please ask any staff if you need any help or support.

consent for Caesarean



There are some risks to a Caesarean and we have another leaflet to read before you decide to have this operation.

This leaflet has been developed by Leeds Teaching
Hospitals NHS Trust.
It has kindly been shared for use by HNY Local Maternity
and Neonatal System (LMNS).



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